

HEALTHRIDGE WALKING CLUB

2025 SCHEDULE

May 6 - Oct 23, 2025

Tuesdays and Thursdays

5:45 - 6:30 pm (45-minute walks)

Walk Leader and Contact:

Laurie Abrams 765.521.1216 (wk.) or 765.524.4928 (cell)



COME JOIN THE FUN! IT'S FREE!
ALL WALKS are LOCATED IN NEW CASTLE, INDIANA

WALK ROTATION DESCRIPTIONS:

#1 - Location: **Baker Park** (located on Trojan Lane - South of I Avenue and East of Main Street)

Description: This 45-minute fitness walk consists of paved surfaces and sidewalks that interconnect and stroll through the easily accessible, bustling urban Baker Park

Meeting Place: Meet at the main screened-in shelter located in the center of Baker Park

#2 - Location: **Wilbur Wright Trail 103** (at State Road 103: **Walking East**)

Description: This 45-minute fitness walk consists of walking on the newest stretch of the Wilbur Wright Walking/Biking Trail. It is a paved surface and strolls through a beautiful wooded area on the edge of town. It has mild rolling hills that help make this slightly more challenging, and oh so beautiful to experience.

Meeting Place: Meet at the Wilbur Wright Trailhead (starting at SR 103 and walking East)

#3 - Location: **South Mound Cemetery** (Bundy Street Entrance)

Description: This 45-minute fitness walk consists of paved surface access roads that interconnect within the beautiful, gentle rolling hills and landscaped gardens throughout South Mound.

Meeting Place: Bundy Street cemetery entrance - You can park on the adjoining side street that runs East and West, and walk in from the Bundy Street entrance to meet directly beyond the gates

#4 - Location: **Memorial Park North** (Walking **North side** of park)

Description: This 45-minute fitness walk consists of meandering hard-surface park access roads, which weave through the beautiful and lush Memorial Park.

Meeting Place: Meet in front of Doughboy @ Smith Building in Memorial Park

#5 - Location: **Wilbur Wright Trail Garner** (at Garner Street Trail Head)

Description: This 45-minute fitness walk consists of walking through farm-fields and beautiful wooded areas on a hard-surface walk/bike trail that parallels an historic, operational railroad via Norfolk Southern Railway.

Meeting Place: Meet at the Wilbur Wright Trailhead on Garner Street, which adjoins the gravel parking area

#6 - Location: **Forest Ridge Medical Pavilion**

Description: This 45-minute fitness walk consists of walking on paved lots and road surfaces that curve up the hill overlooking a pond, entering into the charming wooded drive/parking area of Forest Ridge Senior Living.

Meeting Place: Meet at the Forest Ridge Medical Pavilion in the back parking lot (on the back row), which overlooks the pond

#7 - Location: **Westwood Park**

Description: This 45-minute fitness walk consists of walking on paved lots and road surfaces that meander through the gorgeous wooded Westwood Park and overlook Westwood Lake. There is a \$5.00/car entrance fee, if you do not have an annual season pass. Annual season pass cost: \$35.00 per family (or car).

Meeting Place: Meet at the upper parking area that overlooks the lake and lake access, next to the main shelter house in Westwood Park (opposite side from campground)

#8 - Location: **Wilbur Wright Trail 103** (at State Road 103: Walking **South West**)

Description: This 45-minute fitness walk consists of walking on the newest stretch of the Wilbur Wright Walking/Biking Trail. It is a paved surface and strolls through a beautiful wooded area on the edge of town. It has mild rolling hills that help make this slightly more challenging, and oh so beautiful to experience.

Meeting Place: Meet at the Wilbur Wright Trailhead (starting at SR 103 and walking East)

#9 - Location: **Memorial Park South** (Walking **South side** of park)

Description: This 45-minute fitness walk consists of meandering hard-surface park access roads, which weave through the beautiful and lush Memorial Park.

Meeting Place: Meet in front of Doughboy @ Smith Building in Memorial Park

May

- ☐ Tuesday, May 6: **#1 Baker Park**
- ☐ Thursday, May 8: **#2 Wilbur Wright - 103 (walk E)**
- ☐ Tuesday, May 13: **#3 South Mound**
- ☐ Thursday, May 15: **#4 Memorial Park (walk N side)**
- ☐ Tuesday, May 20: **#5 Wilbur Wright - Garner**
- ☐ Thursday, May 22: **#6 Forest Ridge**

- ☐ Tuesday, May 27: **#7 Westwood Park**
- ☐ Thursday, May 29: **#8 Wilbur Wright 103 (walk SW)**

June

- ☐ Tuesday, June 3: **#9 Memorial Park (walk S side)**
- ☐ Thursday, June 5: **#1 Baker Park**
- ☐ Tuesday, June 10: **#2 Wilbur Wright - 103 (walk E)**
- ☐ Thursday, June 12: **#3 South Mound**
- ☐ Tuesday, June 17: **#4 Memorial Park (walk N side)**
- ☐ Thursday, June 19: **#5 Wilbur Wright - Garner**
- ☐ Tuesday, June 24: **#6 Forest Ridge**
- ☐ Thursday, June 26: **#7 Westwood Park**

JULY

- ☐ Tuesday, July 1: **#8 Wilbur Wright 103 (walk SW)**
- ☐ Thursday, July 3: **Summer Pitch-In Picnic**
- ☐ Tuesday, July 8: **#9 Memorial Park (walk S side)**
- ☐ Thursday, July 10: **#1 Baker Park**
- ☐ Tuesday, July 15: **#2 Wilbur Wright - 103 (walk E)**
- ☐ Thursday, July 17: **#3 South Mound**
- ☐ Tuesday, July 22: **#4 Memorial Park (walk N side)**
- ☐ Thursday, July 24: **#5 Wilbur Wright - Garner**
- ☐ Tuesday, July 29: **#6 Forest Ridge**
- ☐ Thursday, July 31: **#7 Westwood Park**

AUGUST

- ☐ Tuesday, August 5: **#8 Wilbur Wright 103 (walk SW)**
- ☐ Thursday, August 7: **#9 Memorial Park (walk S side)**
- ☐ Tuesday, August 12: **#1 Baker Park**

- ☐ Thursday, August 14: **#2 Wilbur Wright -103 (walk E)**
- ☐ Tuesday, August 19: **#3 South Mound**
- ☐ Thursday, August 21: **#4 Memorial Park (walk N side)**
- ☐ Tuesday, August 26: **#5 Wilbur Wright - Garner**
- ☐ Thursday, August 28: **#6 Forest Ridge**

September

- ☐ Tuesday, September 2: **#7 Westwood Park**
- ☐ Thursday, September 4: **#8 Wilbur Wright 103 (walk SW)**
- ☐ Tuesday, September 9: **#9 Memorial Park (walk S side)**
- ☐ Thursday, September 11: **#1 Baker Park**
- ☐ Tuesday, September 16: **#2 Wilbur Wright -103 (walk E)**
- ☐ Thursday, September 18: **#3 South Mound**
- ☐ Tuesday, September 23: **#4 Memorial Park (walk N side)**
- ☐ Thursday, September 25: **#5 Wilbur Wright - Garner**
- ☐ Tuesday, September 30: **#6 Forest Ridge**

OCTOBER

- ☐ Thursday, October 2: **#7 Westwood Park**
- ☐ Tuesday, October 7: **#8 Wilbur Wright 103 (walk SW)**
- ☐ Thursday, October 9: **#9 Memorial Park (walk S side)**
- ☐ Tuesday, October 14: **#1 Baker Park**
- ☐ Thursday, October 16: **#2 Wilbur Wright -103 (walk E)**
- ☐ Tuesday, October 21: **#3 South Mound**
- ☐ Thursday, October 23: **#4 Memorial Park (walk N side)**

**PLEASE CHECK BACK IN MARCH, 2026,
FOR AN UPDATED HEALTHRIDGE
WALKING CLUB 2026 SCHEDULE!**